Here are some of this year’s key findings:

The majority of young people are not engaging in risk-taking behaviours:

- **Year 8**
  - 10% have tried a cigarette
  - 12% have drunk alcohol more than 5 times in the past year without adult supervision
  - 3% have ever tried cannabis

- **Year 9**
  - 19%
  - 24%
  - 7%

Engagement with these risky behaviours increases as young people get older.

28% and 37% of years 8 and 9 respectively are taking risks online.

An estimated 13% of young people in year 8 and 14% of those in year 9 may be experiencing or are at risk of emotional health difficulties.

This is the number of young people whose answers to 4 or more emotional health questions highlighted cause for concern.

21% of young people in Derbyshire reported having been bullied in the past 2 months.

Body confidence is low amongst young people:

- 28% of year 8’s and 32% of year 9’s respectively stating they were unhappy with their appearance.

Most young people are happy with their lives but more than 1 in 10 said they feel sad most days.

For more information about the survey and how you can get involved please contact us via:

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