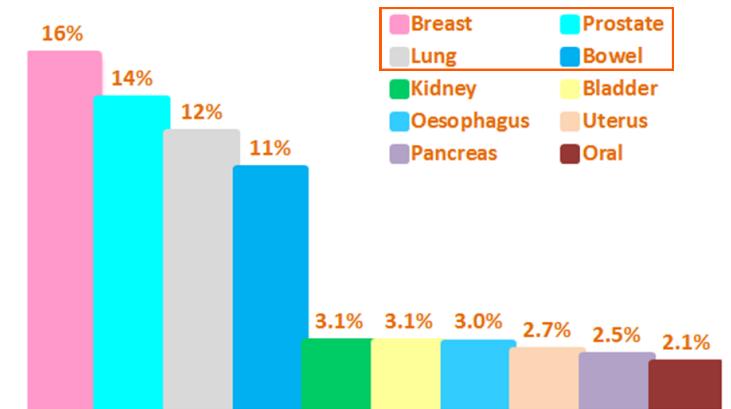


Preventable Cancers in Derbyshire

2033 cancers could be prevented by making healthier lifestyle choices

Estimated numbers in Derbyshire. Numbers cannot be summed because cancer cases have more than one cause.

4 most common cancers **53%** of new cases



Incidence in Derbyshire, Persons, 2013, www.cancerdata.nhs.uk

All Lifestyle Risk Factors
2033

1 in 5
adults smoke

Smoke Free
924

2 out of 3
adults are overweight or obese

Healthy Weight
262

Fruit & Veg
224

Less Alcohol
190

Sun Smart
143

5570 alcohol related hospital admissions

Half of adults don't eat '5 a day'

24 Less salt
48 Physical activity
71 High fibre
129 Less processed meat

